

Dear Dr Haiman,

I want to thank you for coming to talk to the San Ramon Mothers Club yesterday. You'll remember me when I tell you that I'm the one who was crying.

I really appreciated your way of approaching parenting. I think my tears came because you touched on several areas that are very close to my heart. During the break, you spoke with a woman who knew her second child was her last. This is true for me, also, and I've been struggling with that and with the fact that my 18-month-old baby is growing up. I have a difficult time getting rid of anything that represents his babyhood (i.e. his infant bathtub, even though he hasn't used it for over a year.)

As I told you yesterday, I've also been struggling with the fact that my husband, pediatrician, and friends are encouraging me to quit breast-feeding. After talking with you, I feel strengthened in my view that I'll let him quit when he's ready.

It may have seemed as though I was upset by the things you said. I wanted to let you know that, on the contrary, your discussion reaffirmed what I had been feeling, but thought was wrong because others in my life had disagreed with me.

I was amazed at how much you cared about each person's situation. I also wanted to thank you for telling us what is best for our children, despite the fact that it wasn't always what everyone wanted to hear.

Sincerely,